

Tuesday 14<sup>th</sup> December, 2021

Dear Parent/Carer,

Covid-19: Changes to Isolation Rules

The Government have announced changes which apply to contacts of someone with Covid-19 from today.

**What has changed.**

COVID-19 infection rates are very high and the Omicron variant is spreading rapidly. The self-isolation advice for contacts of people with COVID-19 has changed to help reduce the risk of spread to others.

Anyone aged 5 years and over, who has been identified as a contact of someone with COVID-19 and [who is not legally required to self-isolate](#), is now strongly advised to take a rapid lateral flow device (LFD) test every day for 7 days or until 10 days since their last contact with the person who tested positive for COVID-19 if this is earlier. If any of these LFD tests are positive they should self-isolate in order to protect other people.

**What hasn't changed.**

If you have been informed by NHS Test and Trace that you are a contact of a person who has had a positive test result for COVID-19, you are legally required to stay at home and self-isolate if you are aged over 18 years and 6 months and are not fully vaccinated.

The public health advice for people with symptoms of, or a positive LFD test result for COVID-19 remains the same for everyone. Isolate and book a PCR test.

Please continue to inform the school office of all absences. If your child has symptoms of Covid-19 or has tested positive on an LFD test, please keep them at home and arrange for a PCR test as soon as possible. Once the result of the PCR test has been received you must update the school with this information before your child returns to school. Please refer to the Government guidance for further information which can be found by following this [link](#). Information on when to isolate can also be found on the NHS website on this [link](#).

Kind regards,

Hamstel Infant School & Nursery



We're working towards Artsmark  
Awarded by Arts Council England

